

SPORTING CODE	NAME	PHONE NUMBER	SPORTING ROLE	TRAINING GROUND	FREQUENCY OF TRAINING	NEW MEMBERS	TRAINING AND MEMBERSHIP FEES	FIXTURES	E-MAIL	COMMENTS
ATHLETICS (INCLUDES TRACK AND FIELD, CROSS COUNTRY, ROAD RUNNING AND TRAIL RUNNING)	Jaco	0712041732	Coach, Administrator	Bridgton sports ground and Bongolethu	Tuesday, Wednesday, Thursday, Saturday	Just be there when training starts between 4-6	No		jacopikaan@yahoo.com	Netball training on Wednesday between 4-6 Tuesday and Thursday rugby training
ATHLETICS (INCLUDES TRACK AND FIELD, CROSS COUNTRY, ROAD RUNNING AND TRAIL RUNNING), BOXING, CYCLING (INCLUDES MTB, ROAD AND TRACK CYCLING), DRUMMIES, EQUESTRIAN, FENCING, GYMNASTICS, HOCKEY, JUDO, KARATE, NETBALL, RUGBY, SHOOTING, TAEKWONDO, TRIATHLON, VOLLEYBALL, WEIGHTLIFTING, WRESTLING, OTHER	Buks Gouws Klein Karoo Event Medics	0824442226	Medical Support (i.e. First Aid, Physiotherapist, Medical Doctor, Biokineticist, Dietitian)						events@kkaeventmedics.co.za	We render as registered Medical Service a medical standby service
ATHLETICS (INCLUDES TRACK AND FIELD, CROSS COUNTRY, ROAD RUNNING AND TRAIL RUNNING)	Quintin Bester	0832862454	Coach, Administrator	Oudtshoorn tartan track	Monday, Tuesday, Wednesday, Thursday, Friday, Saturday		Yes	Loop meeting	quintin@moonsea.co.za	
ATHLETICS (INCLUDES TRACK AND FIELD, CROSS COUNTRY, ROAD RUNNING AND TRAIL RUNNING)	David McKinnon	0823748632	Participant / player / athlete, Administrator, Event organiser	Roads and trails in and around Oudtshoorn	Monday, Tuesday, Wednesday, Thursday, Saturday	Contact me	Yes	last weekend of March/First weekend of April - Wesbank Primary School	kelmck@mweb.co.za	
ATHLETICS (INCLUDES TRACK AND FIELD, CROSS COUNTRY, ROAD RUNNING AND TRAIL RUNNING)	Mogale		Participant / player / athlete	Roads in and out of town	Wednesday, Saturday	None	Yes		mogale850@gmail.com	
BASEBALL	Andre Alexander	0814428388	Coach, Administrator, Owner of	Oudthoorn Hap en Tap fields St John's Street	Monday, Tuesday, Wednesday, Thursday	Contact Director of Football via email or mobile	Yes	Bi weekly Saturday fixtures Commencing in May to Sept at ARMY BASE, ST JOHN'S STREET FIELDS AND BRIDGTON STADIUM	alexanderandre1964@gmail.com	We need permanent training grounds
BOWLS	RHODA LOUBSER	0791147081	Participant / player / athlete, Manager or member of Management Team	Oudtshoorn BowlingClub, St John Street, Oudtshoorn	7 days a week	Complete the necessary application form that has to be submitted to the Club's management team.	Yes	PRESIDENTSDAY ON SATERDAY THE 13TH OF MAY 2023 OUDTSHOORN TRIPS 7TH AND 8TH OF JULY 2023 OUDTSHOORN PAIRS 13TH AND 14TH OF OCTOBER 2023 ON GOING CLUB COMPETITIONS BUSINESS LEAGUE COMPETITION STARTED THE 03RD OF MAY AND END THE 7TH OF JUNE 2023 ALL THE ABOVE COMPETITONS ARE HELD AT THE OUDTSHOORN BOWLING CLUB	OUTDTHOORNBOWLS@GMAIL.COM	
CRICKET	PIETER STUURMAN	044 2726604	Coach, Administrator, Work at Sports Facility / Employed at Sport Facility	At the Recreation Ground in Oudtshoorn, Voortrekker Road.	Monday, Tuesday, Wednesday, Thursday, Friday		Other: Terms and Conditions apply	Recreation Ground in Oudtshoorn Mondays to Sundays	pieters@cricket.co.za	
CRICKET	ALBERTUS KENNEDY	0823815486	Administrator	Recreation Ground, Oudtshoorn	Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, and Eden District Sport Academy	None	Yes	Between September to March annually	albertusk@cricket.co.za	None, Please try to add cricket to list of sports

CYCLING (INCLUDES MTR, ROAD AND TRACK CYCLING)	CORNE BENICE	0718863787	Coach, Administrator, Event organiser	public roads/ oval stock car track	Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday	all affiliated members clubs, and recreation riders , becoming members , schools and fundisers	Yes	ongoing leagues during the year . SA CHAMPS FEB / SA YOUTH AND DEV FESTIVAL 11-13 JULY TIMBETRCITY SEEDING EVENT FOR CAPE TOWN CYCLE TOUR 9 OCT/ MOUTAN BIKE EVENTS ONGOING DURING THE YEAR / RECREATION TRACK EVENTS ONGOING	bence.come@gmail.com	ALL GOOD
CYCLING (INCLUDES MTR, ROAD AND TRACK CYCLING)	Corné Serfontein	084 527 9622	Participant / player / athlete, Bicycle Shop Owner	Gravel roads in & around Oudtshoorn	Monday, Tuesday, Wednesday, Thursday, Friday, Saturday	Join the whatsapp group or join the local cycling club	Yes		corneje1@hotmail.com	
DRUMMIES	Megan	0815058835	Participant / player / athlete, Coach, Administrator	Van Reede - Greeff street & 10 Hoogstreet	Tuesday, Friday, Saturday	Contact the SWDMCA secretary	No	De Jagers sport complex	Mpresher@vanreede.co.za	
FOOTBALL	J. Prins	0788047588	Coach	Infantry School Sport Complex	Tuesday, Wednesday, Thursday	Male and female soccer players (age 16 to 25	No	We are playing in recognised South African Football Association	shakesprins70@gmail.com	I am a soccer coach training a senior team in SAFA third division. Off season (June to August) I can assist with development soccer coaching on request.
FOOTBALL	Andre Alexander	0814428388	Coach, Administrator, Owner of	Oudthoorn Hap en Tap fields St John's Street	Monday, Tuesday, Wednesday, Thursday	Contact Director of Football via email or mobile	Yes	Bi weekly Saturday fixtures Commencing in May to Sept at ARMY BASE, ST JOHN'S STREET FIELDS and BRIDGTON STADIUM	alexanderandre1964@gmail.com	We need permanent training grounds
HOCKEY	John Dalton	0724946294	Coach	Oudtshoorn High school	Monday, Wednesday	Home school children or children in Oudtshoorn High can play.	Other: Terms and Conditions apply	Whole season. March to September.	john.dalton@sfpadvice.co.za	None
KICKBOXING	Ranger Grabe	0839416601	Coach, Owner of club, Event organiser	REC Sport-grounds / Under main pavilion on Voortrekker Road Oudtshoorn	Monday, Tuesday, Wednesday, Thursday	Visit our training facility or sent a whats up to 0839416691	Yes		rangergrabe@mweb.co.za	
NETBALL	Jaco	0712041732	Coach, Administrator	Bridgton sports ground and Bongolethu	Tuesday, Wednesday, Thursday, Saturday	Just be there when training starts between 4-6	No		jacopikaan@yahoo.com	Netball training on Wednesday between 4-6 Tuesday and Thursday rugby training
PIGEON RACING	C.A.Senekal	0827751487	Chairman of the club	Butekant str 23			Other: Terms and Conditions apply	In the club house	casenekal@gmail.com	We are a few members in the club training our racing birds every day and let it loose on a Saturday to back to there lofts.
RUGBY	Jaco	0712041732	Coach, Administrator	Bridgton sports ground and Bongolethu	Tuesday, Wednesday, Thursday, Saturday	Just be there when training starts between 4-6	No		jacopikaan@yahoo.com	Netball training on Wednesday between 4-6 Tuesday and Thursday rugby training
SHOOTING	Nico van der Merwe	0636931554	Participant / player / athlete, Coach, Administrator, Work at Sports Facility / Employed at Sport Facility, Owner of club, Event organiser	Kmdt Gideon Scheepers Shooting Range	Saturday, Sunday, Club members may go to the range any day.	Novice members need to do a proficiency course. Legal firearm owners need to only take part and if you want to take the sport further join a recognized body. We assist all members or interested parties in the full process.	Yes	Venue is at Kmdt Gideon Scheepers Shooting Range (google maps) for all training you need to book by phoning us at 0636931554.	nico@sftactical.co.za	It is very important to first make an appointment by phone.
SHOOTING	Wayne Boshoff	0785784978	Participant / player / athlete, Medical Support (i.e. First Aid, Physiotherapist, Medical Doctor, Biokineticist, Dietitian)		Saturday		Yes		Wayneboshoff100@gmail.com	
TENNIS	Pieter van der Walt	0827757606	Coach, Owner of club	Wesbank Tennis Club 176 Butekant Street Oudtshoorn Laerskool Wesbank 30 Vrede Street Oudtshoorn	Monday, Tuesday, Wednesday, Thursday, Friday, Saturday	Contact me personally on 082 775 7606	Yes	Some Saturdays Dates: TBA	pietervanderwaltetennis@gmail.com	